**Hiking Safety**

**SHARE**
Let someone know your trip plan with starting point and what time or date you expect to return.

**THE PLAN**

**BE PREPARED**
Water is one of the most important items to carry. Have a whistle, map, compass, and extra clothing.

**TRAIL AWARE**
Look as you hike to see landmarks and turn occasionally to recognize the route out.

Hiking is a fun activity for all ages. Stay safe with simple steps. We have your back!

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