

Announcing PAL, Parents of Addicted Loved Ones,  
A parent support group.

PAL is a parent support group providing hope, guidance,  
and addiction education.

PAL will meet:

- Every Tuesday night
- Emmanuel Episcopal Church – 717 Quincy Street
- 6:00pm – 7:30pm

There is no cost and no registration necessary.



You must be a parent or spouse of an addicted loved one  
and 18 years or older.

For more information contact: [office@lifeways.us](mailto:office@lifeways.us),  
716-6555 or go to [palgroup.org](http://palgroup.org)